

Dr Niikee Schoendorfer – drniikee@vitalitytime.com.au

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Academic Qualifications

INSTITUTION AND LOCATION	DEGREE/CERTIFICATE	YEAR	FIELD OF STUDY
International Yoga Therapy Alliance	Grad Cert Yoga Therapy	2018-19	Yoga Therapy
Institute for Intuitive Intelligence	Third Level Intuitive Guide	2018-19	Intuitive Science / Medical Intuitive
Yoga Alliance – Yoga NRG	Level 1-2 Mindfulness Meditation	2015-16	Meditation Teacher
Yoga Australia – NF Power Yoga	Level 1 Yoga Teacher	2012	Power Yoga
University of Queensland, Australia	PhD Doctor of Philosophy Research	1996-2012	Nutritional Biochemistry – Clinical Medicine
University of Queensland, Australia	Grad Cert Research Commercialisation	2011	Research Commercialisation
University of Queensland, Australia	Grad Cert Higher Education	2008	Curriculum Design
University of New England, Australia	Master Health Science Complementary Medicine	2004-5	Nutritional Medicine
Charles Stuart University, Australia	Bachelor Health Science	1999-2000	Complementary Medicine
Cathay Herbal, Melbourne	Dip Traditional Chinese Medicine	1999	Traditional Chinese Herbalism
Australian College of Natural Medicine, Australia	Dip Naturopathy	1994-98	Naturopathy

Funding and Awards

2008-2011	Royal Children's Hospital Foundation PhD Scholarship \$60,000
2007-2009	School of Medicine, University of Queensland post-graduate research assistance \$10,000
2008-2009	US Biotech, Organic Acid test in-kind funding \$20,000
2008-2010	Oxidative Stress Laboratory, School of Human Movements, University of Queensland, laboratory test in-kind funding collaboration \$30,000
2008-2009	Queensland Health Trace Element Laboratory, in-kind collaboration \$10,000
2008-2011	Australian College of Natural Medicine, professional development grants \$2,000 per year
2009	Clinical Chemistry Laboratory, Saarland University Medical School, Germany, laboratory test in-kind funding \$5,000
2009	Nutrition Society of Australia early career researcher, International conference award \$2,000

2010	American Academy of Developmental Medicine and Child Neurology, Student travel grant \$1,000
2010	Queensland Children's Medical Research Institute, International Travel Grant \$2,500
2010	Nutrition Society of Australia postgraduate student travel award to AGM \$500
2010	University of Queensland office of Teaching and Learning research funding awarded, Nutrition in Medical Education Project \$20,000
2010-2011	Nutrition Society of Australia postgraduate student travel award to AGM \$500
2012	Australian Academy of Science post-doc conference scholarship \$1000
2013-2014	Office of Learning and Teaching Council, National Collaborative Grant, Development of a Nutrition Tool Kit for use in Australian Medical Schools, \$250,000
2015	Office of Learning and Teaching Council, National Collaborative Grant, Seed grant to establish national competencies and graduate attributes for nutritionists in Australian Universities. Application submitted \$50,000
2018	Winner of Nutraingredients USA 2018, Nutrition Research Project of the Year!
2019	Awarded 2 nd highest Almetric (popularity) Score 2018 for the Urox RCT project publication, in highly ranked BMC Complementary and Alternative Medicine Journal

Positions and Employment

2000-current	Natural Health and Lifestyle Consultancy Services, Vitality Wellness Services, Brisbane, Australia
2003-2004	Consultant, Euronatural Fine Foods, Brisbane, Australia
2005	Consultant, Bodytime, Brisbane, Australia
2006	Research Assistant, Children's Nutrition Research Centre, University of Queensland
2006-2017	Contract Lecturer, Endeavour College (formerly Australian College of Natural Medicine), Brisbane, Australia.
2007-2011	PhD research scholar, Children's Nutrition Research Centre, University of Queensland
2009	Research Assistant, Queensland Cerebral Palsy and Developmental Medicine Research Centre, University of Queensland
2010-2011	Research Assistant, School of Medicine, Discipline of Medical Education, University of Queensland
2010-current	Nutrition Curriculum Coordinator, School of Medicine, Discipline of Medical Education, University of Queensland
2011-current	Lecturer Nutrition, MBBS programme, University of Queensland
2011-current	Short course facilitator, Australian Bush Flower Essences.
2011	Editor to assist foreign students in writing including confirmation documents, thesis' and research papers.

2012-2018	Postgraduate research higher degree associate advisor – Defining a syndrome of low grade inflammation in Indigenous children, relative to health outcomes.
2012-2013	Curriculum Designer, Endeavour College. Subjects included evidence based advanced nutrition, foundations of critical enquiry and foundations of nutrition
2012-2013	On-line Lecturer for foundations of critical enquiry and research skills
2012-current	Yoga Instructor, various locations
2013-2016	Research Scientist, Seipel Health Group. Develop and conduct large scale clinical trials.
2013-2019	Research Fellow, School of Medicine, Discipline of Medical Education, University of Queensland
2014-current	Senior Lecturer, Australian Bush Flower Essences
2019 - current	Lecturer, Institute for Intuitive Intelligence
2020	Post Doctoral Metaphysics Research Fellow, Institute for Intuitive Intelligence

Appointments

2008-2010	Student representative on the board of Health Science Faculty, University of Queensland
2008-2009	Postgraduate student representative on School of Medicine Research Committee, University of Queensland
2009-2014	Nutrition Society of Australia, secretary of Queensland branch
2009	Manuscript reviewer 'Clinical Nutrition' journal
2010	Manuscript reviewer 'Acta Paediatrica' journal
2011-2015	Chair of Student Mentor Group for Nutrition Society of Australia – national
2011	Book reviewer 'Bentham Science' publishing
2011	Manuscript reviewer 'Clinical Nutrition' journal
2011	Manuscript reviewer 'Applied Physiology, Nutrition and Metabolism' journal
2012-2013	Chair Research Committee – Endeavour College
2012	National Programme Committee – Nutrition Society of Australia
2013	Organising Committee Nutrition Society of Australia Annual Scientific Meeting
2013	Peer reviewer Libertas Academia Journals
2013-2014	Nutritional Medicine Curriculum Advisory Committee – Endeavour College
2014	Teaching and Learning Committee – Endeavour College
2015-2016	Peer reviewer 'Nutrition and Metabolic Insights' journal
2015-2016	Education and Curriculum Committee – Australasian Centre Nutritional and Environmental Medicine (ACNEM)
2015-2016	Reference Committee Member - Nutritional Sciences National Curricula Development Project
2015-2017	Nutrition Society of Australia – Chair QLD Branch

Professional Memberships and Community Service

1998-current	Member of Australian Traditional Medicine Society
2007-2018	Member of Nutrition Society of Australia
2007-2011	Royal Children's Hospital Foundation, special events fundraising volunteer
2009-2010	Wellington Point Community Group volunteer charity fundraising team leader
2009-2010	Director CAM Research Network Interest Group, ACNM
2009-2018	Member of Australian Integrative Medicine Association
2010	Organising committee member Murri School Aboriginal and Torres Strait Islander health and wellbeing expo
2010-2012	Member of American Academy of Cerebral Palsy and Developmental Medicine
2010-2015	Member Student Mentoring Group, Nutrition Society of Australia
2010-2013	Member of Centre for Medical Education, Research and Scholarship
2011	Member of the University of Queensland Assessment Network
2013-current	Member Yoga Australia
2019-current	Member of Alumni, Institute for Intuitive Intelligence

Full Length Publications

Schoendorfer, N. (2010)

Diagnostic Techniques. *In: Clinical Naturopathy: Evidence Based Case Studies* Elsevier Press, Australia

Citations: 4

Sarris, J., **Schoendorfer, N.**, Kavanagh, D. (2009)

Major depressive disorder and nutritional medicine: A review of monotherapies and adjuvant treatments *Nutrition Reviews* 67(3) 125-131

Impact Factor: 4.1

ERA rank: A

Citations: 45

Schoendorfer, N., Boyd, R., Davies, PSW. (2010)

Micronutrient adequacy and morbidity: paucity of information in children with Cerebral Palsy *Nutrition Reviews* 68; 12: 739-748

Impact Factor: 4.1

ERA rank: A

Citations: 9

Schoendorfer, N., Davies, PSW. (2011)

Micronutrient interrelationships: synergism and antagonism. *In Micronutrients: sources, properties and health effects*. Nova Publishing, New York

Schoendorfer, N., Tinggi, U., Sharp, N., Boyd, R., Vitetta, L., Davies, PSW. (2011)

Micronutrient intakes in orally and enterally fed children with severe Cerebral Palsy *e-SPEN* 6; e259-e262

Impact Factor: 3.6

ERA rank: A

Citations: 9

Schoendorfer, N., Tinggi, U., Sharp, N., Boyd, R., Vitetta, L., Davies, PSW. (2012)

Protein levels in enteral feeds: Do these meet requirements in children with severe Cerebral Palsy? *British Journal of Nutrition* 107; 10: 1476-81

Impact Factor: 3.4

ERA rank: A

Citations: 11

Schoendorfer, N., Obeid, R., Sharp, N., Boyd, R., Vitetta, L., Davies, PSW. (2012)

Methylation capacity in children with severe Cerebral Palsy. *European Journal of Clinical Investigation* 42; 7: 768-76

Impact Factor: 3.1

ERA rank: B

Citations: 3

Tinggi, U., **Schoendorfer, N.**, Davies, PSW., Scheelings, P., Olszowy, H. (2012)

Determination of iodine in selected foods and diets by inductively coupled plasma-mass spectrometry *Pure Applied Chemistry* 84; 2: 291-299

Impact Factor: 2.13

ERA rank: B

Citations: 9

Schoendorfer, N., Emmett, D. (2012)

Use of certainty-based marking with second year medical students: A pilot study. *Advances in Medical Education and Practice* 3; 139-143

Citations: 5

Schoendorfer, N., Vitetta, L., Sharp, N., Boyd, R., Tinggi, U., Davies, PSW. (2013)

Micronutrient, oxidation and antioxidant status in children with cerebral palsy. *Journal of Parenteral and Enteral Nutrition* 37; 1: 97-101

Impact Factor: 3.3

ERA rank: B

Citations: 9

Schoendorfer, N., Roytas, D. (2014)

Diagnostic Techniques. In: *Clinical Naturopathy: Evidence Based Case Studies*, 2nd Ed., Elsevier Press, Australia

Tinggi, U., **Schoendorfer, N.**, Scheelings, P., Yang, X., Piispanen, J. (2015)

Analysis of arsenic in rice and diets of children. *Food Additives and Contaminants: Part B: Surveillance*, 8:2, 149-156

Citations: 11

Schoendorfer, N., Schafer, J. (2015)

Enabling valuation of nutrition integration into a MBBS program. *Journal Biomedical Education*. Volume 2015, Article ID 760104.

Citations: 2

Schoendorfer, N., Jukic, K., Gannaway, D., Schafer, J. (2017)

Future Doctors' Perceptions about Incorporating Nutrition into Standard Care Practice. *Journal of the American College of Nutrition*. 36:7, 1-7

Schoendorfer, N., Sharp, N., Seipel, T., Schauss, A., Ahuja, K. (2018)

Urox containing concentrated extracts of Crataeva nurvala stem bark, Equisetum arvense stem and Lindera aggregata root, in the treatment of symptoms of overactive bladder and

urinary incontinence: A phase 2, randomised, double-blind placebo controlled trial. *BCM Complementary and Alternative Medicine*, 81:1.

Tinggi, U., **Schoendorfer, N.** (2018)

Analysis of lead and cadmium in cereal products and duplicate diets of a small group of selected Brisbane children for estimation of daily metal exposure. *Journal of Trace Elements in Medicine and Biology*, 50.

Schoendorfer, N., Roytas, D. (2019)

Diagnostic Techniques. In: *Clinical Naturopathy: Evidence Based Case Studies*, 3rd Ed., Elsevier Press, Australia

Published Presentation Abstracts

Schoendorfer, N., Vitetta, L., Boyd, R., Davies, PSW. (2009) Is the methyl folate trap responsible for growth stunting found in children with severe cerebral palsy? *Acta Paediatrica* 98 Suppl 460: 230

Impact Factor: 1.3

Schoendorfer, N., Boyd, R., Vitetta, L., Tinggi, U., Coombes, J., Davies, PSW.

Micronutrient status in children with cerebral palsy and the impact of a major orthopaedic surgical intervention (2009) *Annals of Nutrition & Metabolism* 55 Suppl 1: 484

Impact Factor: 1.6

Schoendorfer, N., Tinggi, U., Boyd, R., Vitetta, L., Davies, PSW.

Micronutrient intakes in children with cerebral palsy (2009) *Annals of Nutrition & Metabolism* 55 Suppl 1: 481

Impact Factor: 1.6

Schoendorfer, N., Boyd, R., Vitetta, L., Tinggi, U., Coombes, J., Davies, PSW.

Micronutrient status in children with cerebral palsy (2010) *Developmental Medicine and Child Neurology* 52 Suppl 2: 47

Impact Factor: 2.7 ERA rank: B

Schoendorfer, N., Boyd, R., Vitetta, L., Tinggi, U., Coombes, J., Davies, PSW.

Micronutrient status in children with cerebral palsy (2010) *Australasian Medical Journal* 1; 1: 55

Schoendorfer, N., Obeid, R., Boyd, R., Vitetta, L., Davies, PSW.

Is the methylation cycle responsible for raised folate levels and mean cell volume in children with marked cerebral palsy? (2010) *Developmental Medicine and Child Neurology* 52; Suppl 5: 75

Impact Factor: 2.7 ERA rank: B

Schoendorfer, N., Tinggi, U., Sharp, N., Vitetta, L., Davies, PSW.

Does enteral feeding compare with orally fed children with cerebral palsy or typically developing children? (2010) *Australasian Medical Journal* 3; 13: 880

Perlstein, R., Wells, J., Lindley, J., Schoendorfer, N., Woodroffe, J., Schafer, J., Rooney, K., Nowson, C.

Mapping nutrition competencies across the medical curriculum In Australia (2015) ANZAHPE/AMEA conference proceedings, Newcastle, Australia.

Schoendorfer, N., Schafer, J.

Enhancing nutritional education in medical programmes (2015) ANZAHPE/AMEA conference proceedings, Newcastle, Australia.

Presentations

Schoendorfer, N., Davies, PSW.

Micronutrient status in the surgical patient (2006), *RBHSD Post-graduate Student Conference, University of Queensland*.

Schoendorfer, N., Davies, PSW.

Micronutrient status in hospitalised patients (2007), *Australasian Integrative Medicine Conference, Blue Mountains NSW*.

Schoendorfer, N., Boyd, R., Vitetta, L., Davies, PSW.

Micronutrient status in children with cerebral palsy research study (2008), *Cerebral Palsy Research Colloquium, Royal Children's Hospital, Brisbane*.

Schoendorfer, N., Tinggi, U., Boyd, R., Vitetta, L., Davies, PSW.

Trace element intakes in children with cerebral palsy (2008) *International Trace Elements Conference (TEMA), Pucon, Chile*.

Schoendorfer, N., Boyd, R., Vitetta, L., Davies, PSW.

Micronutrient status assessment in a clinical context (2009) *Paediatric Dieticians Special Interest Group, National Teleconference, Royal Children's Hospital, Brisbane*.

Schoendorfer, N., Boyd, R., Vitetta, L., Tinggi, U., Coombes, J., Davies, PSW.

Micronutrient status in children with cerebral palsy (2009) *International Evidence Based Complementary Medicine Conference, Armidale*.

Schoendorfer, N., Tinggi, U., Boyd, R., Vitetta, L., Davies, PSW.

Trace element status in children with cerebral palsy (2009) *1st Symposium on Trace Elements in Food and Health, Queensland Health Laboratories, Brisbane*.

Schoendorfer, N., Boyd, R., Vitetta, L., Tinggi, U., Coombes, J., Davies, PSW.

Micronutrient status in children with cerebral palsy (2009) *Nutrition Society of Australia Annual Meeting, Newcastle*.

Tinggi, U., **Schoendorfer, N.**, Boyd, R., Vitetta, Davies, PSW., Scheelings, P., Olsozwy, H.
Selenium status in children with cerebral palsy (2010) *9th International Symposium on Selenium in Biology and Medicine, Kyoto, Japan.*

Tinggi, U., **Schoendorfer, N.**

Selenium and iodine content in foods and their nutritional status in Australia (2010)
International Food Analysis Research Symposium, Malaysia.

Schoendorfer, N., Tinggi, U., Sharp, N., Boyd, R., Vitetta, L., Davies, PSW.

Is the methylation cycle responsible for raised folate levels and mean cell volume in children with marked cerebral palsy? (2010) *American Academy of Cerebral Palsy and Developmental Medicine Annual Meeting, Washington DC.*

Schoendorfer, N., Tinggi, U., Boyd, R., Vitetta, L., Davies, PSW.

Does enteral feeding compare with orally fed children with cerebral palsy or typically developing children? (2010) *Nutrition Society of Australia Annual Meeting, Perth.*

Tinggi, U., **Schoendorfer, N.**, Davies, PSW., Scheelings, P.

Iodine content in foods and nutritional status in Australia (2011) *4th International IUPAC Symposium for Trace Elements in Food, Scotland.*

Schoendorfer, N., Schafer, J. Vitetta, L.

Nutrition Integration into MBBS programme: A pilot project (2011) *The Science of Nutrition in Medicine and Healthcare, Sydney.*

Schoendorfer, N., Tinggi, U., Sharp, N., Boyd, R., Vitetta, L., Davies, PSW.

Protein levels in enteral feeds: Do these meet requirements in children with severe Cerebral Palsy? (2011) *7th Asia Pacific Conference on Clinical Nutrition, Bangkok.*
Finalist in young investigator awards

Schoendorfer, N., Schafer, J. Vitetta, L.

Nutrition Integration into MBBS programme: A pilot project (2011) *Centre Discipline of Medical Education, Learning and Teaching Conference, UQ*

Emmett, D., **Schoendorfer, N.**

Certainty Based Marking in the Health Care Context (2011) *Centre Discipline of Medical Education, Learning and Teaching Conference, UQ*

Schoendorfer, N., Schafer, J.

Nutrition and Exercise Activity Tool (NEAT): use in clinical skills practice (2014) *Centre Discipline of Medical Education, Learning and Teaching Conference, UQ*

Perlstein, R., Wells, J., Lindley, J., **Schoendorfer, N.**, Woodroffe, J., Schafer, J., Rooney, K., Nowson, C.

Mapping nutrition competencies in the foundation years of medical curricula in Australia using an online mapping tool (2016) *Experimental Biology Conference, American Society for Nutrition, San Diego*.

Schoendorfer, N. Vibrational Resonance and creating harmony – from ancient history to modern science. (2018) *Future of Intuition Symposium, Tuscany, Italy*.

Schoendorfer, N. Looking after your gut so it will look after you! (2018) *Your Health Your Choice Webinar Series, Australia*.

Additional Courses

2019	Institute for Intuitive Intelligence Teacher Training
2019	Yoga Therapy Modules 3-6 – Applied Yoga Therapy & Supervised Practicum
2018-2019	Meditation and Metaphysics – Intuitive Methodologies
2018	Yoga Therapy Module 1 – Mindfulness-based yoga therapy and counselling skills
2018	Yoga Therapy Module 2 – Yoga Therapy foundations
2016	Mindfulness Meditation Teacher Training 2
2015	Mindfulness Meditation Teacher Training
2014	Australian Bush Flower Essence Advanced Lecturer training
2013	Ayurvedic and Yoga Therapy Module 3 – cardiovascular and respiratory diseases
2013	Kids Yoga Therapy Advanced Teacher Training
2012	Kids Yoga Therapy Teacher Training
2012	Power Yoga Teacher Training
2012	Certificate in Integrating Technology for Active Lifelong Learning, Wiz IQ education.online
2011	Essential Skills in Medical Education training, AMEE (International Association for Medical Education)
2011	Australian Bush Flower Essence teacher training
2010	Level 1 anthropometric training accreditation, ISAK (International Society for the Advancement of Kinanthropometry)
2010	Integrative Solutions for Optimal Development, Treatment and Prevention in autism spectrum disorders, Mindd Foundation
2010	Blended Learning, University of Queensland (UQ)
2010	Publishing in Medical Education, UQ
2010	Medical Education Training Forum, UQ
2010	Grant Writing for Teaching and Learning, UQ
2010	Conducting Focus Groups and Interviews, UQ
2009-2010	Becoming an Effective Advisor for Research Higher Degree Students Series, UQ
2009	Introduction to Biostatistics semester, School of Population Health, UQ
2009	Writing Assessment Criteria and Standards for Assessment Tasks, UQ
2004	Applied Study Design semester, School of Population Health, UQ

- 2004** Molecular Biochemistry semester, School of Biological and Chemical Science,
UQ
- 2003** Food Chemistry Analysis semester, School of Land and Food Science, UQ

Semester 2 2013

Lecture/Classroom Observation Proforma

Department: SOCIAL SCIENCE

Lecturer: Dr N Schoendele Subject: BIOLOGY Observer: Krista Tomas Size of class: 44
 Scheduled date of observation: 28/08/2013

Informed consent: Signature of Lecturer: [Signature] Signature of Observer: Krista Tomas

Introduction	Not very well (1)	Well (2)	Very well (3)	Not applicable (0)
Introduces subject in an interesting way			3	
Explains session objectives			3	
Links topic to previous sessions			3	
Score				9

Explanation	Not very well (1)	Well (2)	Very well (3)	Not applicable (0)
Demonstrates a firm grasp of subject area			3	
Uses clear and concise explanations			3	
Emphasises key points (concepts & principles)			3	
Uses relevant examples and topical illustrations			3	
Score				12

Presentation	Not very well (1)	Well (2)	Very well (3)	Not applicable (0)
Shows enthusiasm for subject matter			3	
Varies style of delivery			3	
Maintains an appropriate level of class control			3	
Controls pace of delivery			3	
Score				12

Student Engagement	Not very well (1)	Well (2)	Very well (3)	Not applicable (0)
Uses questions to clarify understanding			3	
Handles student questions and responses appropriately			3	
Invites and encourages student participation			3	
Monitors student progress during the session			3	
Score				12

Conclusion & Recapitulation	Not very well (1)	Well (2)	Very well (3)	Not applicable (0)
Summarises key points (concepts & principles)			3	
Asks for questions			3	
Flags and links to next session			3	
Ends session positively and clearly			3	
Score				12

General Comments on conduct of session:

Relaxed manner. Demonstrates knowledge of the Subject with great clarity. Excellent engagement with students. Needs little in the way of prompts to make from one session to another.